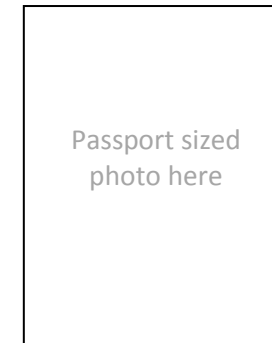




# Swimmer's Log Book



## Bridport Barracudas Swimming Club

Bridport Leisure Centre  
Brewery Fields  
Bridport  
Dorset  
DT6 5LN

Swimmer's Name



[www.swimbarracudas.com](http://www.swimbarracudas.com)













**Barracudas Awards Matrix**

				NPTS			
	Rainbow			1			
W Skills	Distance						
WS1	5m			2			
							Prelim'
WS2	25m			3			Water
							Safety
WS3	50m			4			
WS4	100m	School	Pre-	5			
		Speed	Comp'				
WS5	200m	Bronze	Level 1	6	Comp'		
					Perf'		
WS6	400m	Silver		7	Bronze	Prelim'	PS 1
						Comp'	

**Barracudas Awards Matrix**

Swim ch	800m	Gold	Level 2	8	Silver	Start	PS2
Bronze							
	1500m			9	Gold		Rescue
Silver							Award
	5000m			10	Platinum	Comp'	
Gold						Start	
					Compl ete		
					Swim mer	Merit	
Honours					XXX		
					Elite	Advance	
					Swim mer		
XXX See	Coach for	details					